



Hillside Herald 2019-2020

Hillside Middle School

1825 South Nevada Street (2375 East), Salt Lake City, UT 84108

Phone: (801)-481-4828 Fax: (801)-481-4831

From the Desk of Mrs. Berntson

Dear Parents and Guardians,

Thank you to all who attended our Parent Night with Collin Kartchner from #Savethekids on September 9th. It was a very informative presentation and meeting.

As requested by parents, I will be sharing articles related to cell phones, social media, and the social emotional wellbeing of teens. A Psychology Today article from 2018 gives some shocking data regarding social media:

In a survey exploring social media patterns, it was found that individuals who spent more time on social media every day felt lonelier than those who spent less time engaged in social media.

Smartphone use can form neurological connections similar to connections that are seen in individuals with an opioid addiction. Further, in a study of 135 individuals, researchers found that people who utilize their phones more often were more likely to report feeling anxious, depressed, isolated, and lonely.

In a study of teens utilizing social media, spending more than two hours a day on social media made participants more likely to report cyberbullying. Similarly, in a nationally representative sample of 5,600 youth between the ages of 12 and 17, 34% admitted to being cyberbullied, and 17% clarified that it had occurred within the last month.

You can read the entire article at: <https://www.psychologytoday.com/us/blog/modern-mentality/201810/is-social-media-making-you-lonely>

As a reminder Hillside cellphone policy is as follows:

- Cell Phones not allow to be used from 8:25 am-3:15pm M-TH and Friday 8:25am – 1:30pm.
- If a student needs to call home for any reason, they are to come to the main office to use the school phone or their phone to call home.
- If a cell phone is used for any purpose other than instructed by a teacher or administrator, teachers are allowed to confiscate the phone as per SLCS Board Policy S-11, IV- D. The phone will be delivered to the office for safe keeping until the end of the day.
- Frequent abuse of cellphone use may constitute a parent picking up the phone from the office.

Pursuant to SLCS Board Policy S-11, II,B-1 Personal Electronic devices may not be used during school or school events as follows:

Unless otherwise instructed by the teacher, electronic devices are not allowed to be used during class, quizzes, tests, or standardized assessments.

Read the Board Policy at: <https://www.slcschools.org/board-of-education/policies/s-11/s-11-ap>

Important Dates for October

Tuesday, October 1st: PTA meeting @ 2:15pm
Tuesday, October 1st: Beauty and the Beast Parent Meeting @ 6pm in auditorium
Friday, October 4th: Make up picture day
Tuesday, October 8th: Group CCR conferences in Mr. Streba's classes
Thursday, October 10th: Group CCR conferences in Ms. Platt's classes
Monday, October 14th: Flu Shot Clinic 9-11am
Tuesday, October 15th: SCC @ 7:30am
Wednesday, October 16th: Utah Symphony Assembly @ 10:45am
Thursday, October 17th-Friday, October 18th: Fall Break (no school)
Monday, October 21st: Non-Student Day (no school)
Tuesday, October 22nd-Friday, October 25th: Red Ribbon Week
Friday, October 25th: End of Term 1
Monday, October 28th: Haunted Hallways @ 7pm

**Hillside Musical**

BEAUTY AND THE BEAST PARENT MEETING TUESDAY, OCTOBER 1ST, @ 6PM IN HILLSIDE'S AUDITORIUM. THIS MEETING IS REQUIRED FOR THE PARENTS OF ALL STUDENTS WHO WISH TO PARTICIPATE IN THE SCHOOL MUSICAL. PLEASE CONTACT N8 IF YOU HAVE ANY QUESTIONS AT NATHAN.HOLCOMB@SLCSCHOOLS.ORG



Flu Shot Clinic

**2019-20 Student Flu Clinic Being Offered By
Salt Lake City School District Nurses**

Where: Hillside Middle School

When: Monday, October 14th from 9-11am

Who: Students, Siblings, and Parents

What To Do: Look for more information to come soon!



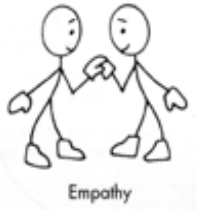



Red Ribbon Week

Red Ribbon Week

A Week about Connection



Tuesday, October 22 nd	Wednesday, October 23 rd	Thursday, October 24 th	Friday, October 25 th
No One is an Island	Mindfulness is a Super Power	Courage to Care	Be your Best Self
			
Bonding is in our Nature- Look up and connect with real people	Let's live in the moment	Can I try and understand how someone else is feeling?	Let's start by creating Healthy Habits



Orchestra

Orchestra News!

The orchestra classes are up and running! We have been learning a lot, and getting to know each other. There will be plenty of music to work on, so we need to get plenty of practice at home.

Chamber Orchestra started in September and meets every Wednesday morning at 7:50am.

Make sure you have the Winter Concert on your calendar! All orchestra students are required to attend, and we really hope all of their family and friends will come as well.

December 10th at 7:00pm, call time is 6:30pm

If you have any questions about concerts, practice charts, or anything else, please email me or visit my web page at :

Hillsideorchestra.weebly.com

-Mrs. Misco

**ID Cards**

Hillside ID Cards

\$5.00 for a new ID card!

All students who had their picture taken at the beginning of the year now have an ID card. If your student rides the bus he/she will need that ID card to get on the bus each day. Please take care of the ID card! If it is lost there is a \$5 fine to replace it. Also, Student picture retake day is Friday, October 4th.



ELP—Extended Learning Program



Extended Learning Program (ELP) Parent Meetings

The Extended Learning Program provides academic services for identified gifted and high ability students who are found eligible for services through an assessment process.

Several parent information meetings are available to inform parents about the elementary and middle school Magnet Extended Learning Program (ELP) application and assessment process for the 2020-2021 school year.

Join us at one of these parent meetings to learn more about the
Magnet Extended Learning Program:

Tuesday, October 8, 2019, 6:00-7:30 p.m.

Parents/guardians of current 6th and 7th grade students

Wednesday, October 23, 2019, 6:00-7:30 p.m.

Parents/guardians of current 3rd, 4th, and 5th grade students

Tuesday, October 29, 2019, 6:00-7:30 p.m.

Parents/guardians of current 1st and 2nd grade students

Wednesday, January 15, 2020, 6:00-7:30 p.m.

Parents/guardians of current PreK and Kindergarten students

Students entering grades 2-8 in 2020-2021

Application window: September 23-November 1, 2019

Assessment window: November 4-December 5, 2019

Students entering grades K-1 in 2020-2021

Application window: December 9, 2019-January 24, 2020

Assessment window: March 2020

Spanish Translation Services at all meetings

Apply online



Questions?

ELP Office

801.578.8573

ELP—Extended Learning Program



Reunión de Padres para el Programa de Aprendizaje Avanzado (ELP)

El Programa de Aprendizaje Avanzado ofrece servicios académicos a los estudiantes identificados como dotados y de alta habilidad que son elegibles por servicios a través de un proceso de evaluaciones.

Varias reuniones de información para los padres se presentarán para informarles acerca del proceso de solicitud y evaluación del Programa Magnet de Aprendizaje Avanzado (ELP) de la primaria y de las escuelas intermedias para el año escolar 2020-2021.

Acompáñenos en una de estas reuniones para padres y aprenda más acerca del Programa Magnet del Aprendizaje Avanzado:

El martes, 8 de octubre, 2019, 6:00-7:30 p.m.

Padres/Apoderados de estudiantes actuales de 6° y 7° grado

El miércoles 23 de octubre, 2019, 6:00-7:30 p.m.

Padres/Apoderados de estudiantes actuales de 3° a 5° grado

El martes, 19 de octubre, 2019, 6:00-7:30 p.m.

Padres/Apoderados de estudiantes actuales de 1° y 2° grado

El miércoles 15 de enero, 2020, 6:00-7:30 p.m.

Padres/Apoderados de estudiantes actuales pre-kinder y del kinder

Los estudiantes entrando grados 2-8 en 2020-2021

Temporada de solicitud: 23 de septiembre al 1 de noviembre, 2019

Temporada de evaluaciones: 4 de noviembre al 5 de diciembre, 2019

Los estudiantes entrando grados Kinder-1 en 2020-2021

Temporada de solicitud: 9 de diciembre, 2019 al 24 de enero, 2020

Temporada de evaluaciones: marzo del 2020



¿Preguntas?

Oficina del ELP

801.578.8573

Interpretación en español en todas las reuniones

Family Support Upcoming Events



Haunted

HILLSIDE JR HIGH SCHOOL

MONDAY, OCTOBER 28TH

7:00 PM - 8:00 PM

\$2 OR \$5.00 UNLIMITED



Come If You Dare!!!



All proceeds go towards helping our students in need with Christmas, Thanksgiving dinner, clothing, shoes, school supplies or whatever they may need to help them succeed in school.



If you are interested in our Holiday giving program. Please contact Dayna Evans Dayna.evans@slcschools.org or 801.481.4828 ext.1072. Twenty eight percent of our students live below the poverty level. Which means they live on less than 28,000.00 a year for a family of four

College and Career Readiness**“Plan for College and Career Readiness Conferences” are coming up soon.**

These conferences are an opportunity to speak with a school counselor and get information to assist your child in preparing for their future.

College and Career Planning helps students:

- explore possibilities and learn about opportunities
- plan for both education and future career goals
- review progress toward achieving those goals
- learn about important career and/or college readiness skills, and make connections between work, school and post-secondary training

7TH GRADE COLLEGE & CAREER READINESS GROUP CONFERENCE INFORMATION (classroom presentation):

7th Grade College and Career Readiness Planning Conference invitation letters will be sent home with your child toward the end of September.

The 7th grade conference is a group session that will occur during your child's 7th grade College and Career Awareness Class. The dates for the conferences will be on **October 8th** (Streba's CCA students) and **October 10th** (Platt's CCA students). A specific time will be on the letter.

Materials will be sent home with students for parents to review if parents are unable to attend the conference.

8TH GRADE COLLEGE & CAREER READINESS INDIVIDUAL CONFERENCE INFORMATION (individual meeting with a counselor):

The 8th grade conference is an opportunity to review and obtain important information to assist students in transitioning to high school. We would love to meet with all of our parents and students.

8th grade College & Career Readiness Individual Conferences will begin October 28th and go through December.

Parents will receive an invitation letter with details about using an online scheduler to create your own appointment. If you are unable to use the online scheduler, you can also call Luana Hofeling, 801-481-4828 x 1017. Also, please feel free to contact us if the online appointments will not work within your schedule. We will try to build an appointment time that will work for you.



School Excusals

How did it get so late so soon?

In an effort to minimize absences and to keep better track of students arriving late we would like to remind parents of the importance of making sure they arrive on time, as well as check in and out properly if students leave during the day.

The correct procedure to excuse a student's absence or tardy is for the parent to come in to the school, write a note for the attendance secretary, supply a doctor's note or call the office on the date of the excusal.

We would like to remind parents that when excusing a student from class during the day, you need to come in to the main office to check them out and when the student returns to school he or she must report back to the main office in order to be readmitted to class and not be marked absent. When this procedure is not followed there is a break down in the attendance system and we may not know that your child is gone or has come back. It is against school policy to allow a student to sign himself/herself out and meet a parent outside the school.

There are sign-in and sign-out sheets at the main desk in the front office that parents need to sign in order to release their children. This helps us keep your children safe by assuring that they are only checked out of school by a parent or legal guardian and that they return to school safely.

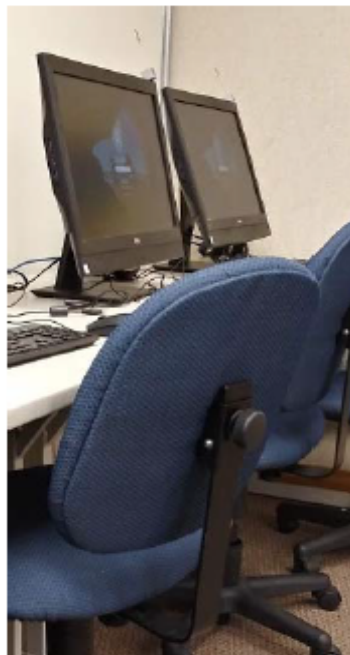


"Sorry I'm late, but I didn't get here on time."

Family Technology



FAMILY TECHNOLOGY NIGHT



All families are invited to learn about the technology that is available to enhance personalized student learning.

Come learn about:

- PowerSchool
- SchoolMessenger
- Canvas
- Microsoft Office 365
- Lexia
- Eureka Math
- Sora Library Resource
- Online Resources from UEN

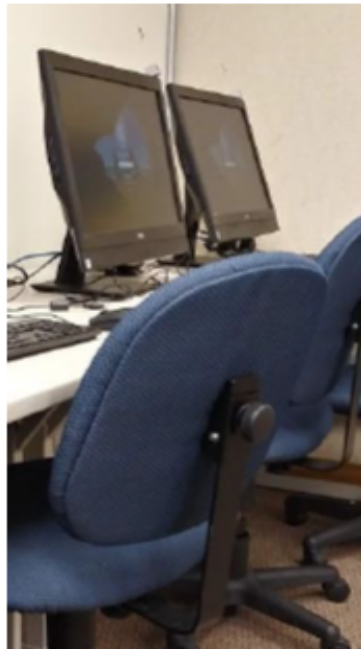
October 2, 4:00 – 7:00 p.m.

Liberty Elementary School
1085 South Roberta Street
Salt Lake City, Utah 84111

Family Technology



NOCHE FAMILIAR DE TECNOLOGÍA



Se invitan a todas las familias a aprender acerca de la tecnología disponible para mejorar el aprendizaje personalizado de estudiantes.

Aprenda acerca de los programas:

- PowerSchool
- SchoolMessenger (Mensajero Escolar)
- Canvas
- Microsoft Office 365
- Lexia
- Eureka Math
- Recursos de la Biblioteca Sora
- Recursos en Línea de UEN

2 de octubre, 4:00 – 7:00 p.m.

La Primaria de Liberty
1085 South Roberta Street
Salt Lake City, Utah 84111