



April 2019

Hillside Herald 2018-2019

Hillside Middle School

1825 South Nevada Street (2375 East), Salt Lake City, UT 84108

Phone: (801)-481-4828 Fax: (801)-481-4831

From the Desk of Mrs. Berntson

Dear Parents and Community,

We are very fortunate to have such great support for our students and teachers who both work very hard and diligently to learn, study, and work together for the success of our students. We have learned to push through the hard times and enjoy the celebrations of success and achievement. We also come together to improve our school, student outcomes, and campus. To that end, I am very appreciative to all of you for your support!

Hillside has a great community and student body! This time of year is both exciting and stressful while our students prepare for the end of year testing period and look forward to their next school year experience.

Let's make sure our students are getting enough rest and nutrition during these up-coming weeks of testing at school. Check in with your student often to make sure their self-esteem and moods are on a good level. We want ALL of our students to feel good, feel happy, and feel successful!

If your student is struggling with being overwhelmed, there is an event for parents that offers support on **April 11, "BRAVE THE DAY"**. Please read the flyer in this newsletter. As always, please contact the school counselors if you need support on a school level.

Best to you all,

Mrs. Berntson

Important Dates for April

Monday, April 1st: Term 4 begins

Tuesday, April 2nd: PTA Meeting @ 10am

Friday, April 5th: Kick Off Assembly for Pennies for Patients

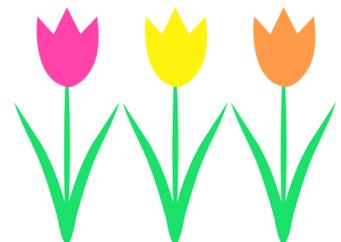
Monday, April 8th-Friday, April 19th: Pennies for Patients

Tuesday, April 16th: SCC @ 7:30am

Monday, April 22nd-Thursday, April 25th: Kindness Week

Thursday, April 25th: Mid-Terms

Friday, April 26th: Non-Student Day (No School)



Student Body Officer Elections Coming Soon!**SBO
Elections**

May 13th Parent meeting right after school in the auditorium

May 17th Posters due in front office

May 20th Primary elections

May 28 & 29 skit filmed in the library during lunch

May 30th Vote

June 3rd SBO Ropes Course with current and new officers



Absolutely no campaign items. Just a poster with a picture of your child. Thank you!!!

We are also taking donations for gently used clothing.

If you have any question, please contact Dayna Evans.

National Junior Honor Society**National Junior Honor Society**

The Hillside chapter of National Junior Honor Society (NJHS) is busy conducting service projects to make our Hillside community great! Becoming a member of NJHS is a great way for 8th graders to serve their community! To become a NJHS member, students are required to have a 3.75 cumulative GPA and no U's in citizenship. On April, 7th graders who meet the academic and citizenship standards will be invited to apply for membership. In May, new members will be inducted in a ceremony held at the school. For more information, please contact Carla Were, NJHS adviser, at carla.oconnell-were@slcschools.org.

Orchestra News



Orchestra News!

Congratulations to Orchestra II for their Superior rating at the District Orchestra Festival in March. They did a great job, and I am looking forward to their next couple of months of growth.

The next month will be a busy one for the Orchestra classes! Our Spring Concert is coming up, and this is the culmination of the hard work we have done this year. It is a very important occasion, and we need everyone to attend. Students and parents have had this date since August, so make sure you are planning to attend. It will be an incredible concert, and we are looking forward to it!

[May 7th- Spring Orchestra Concert at 7:00pm at Hillside.](#) Orchestra students need to be at Hillside by 6:30pm for tuning and warm up.

Concert Dress- as a review from the disclosure and our web page, concert dress is expected of all performers. Just as sports teams have uniforms and dance teams have costumes, musicians wear concert appropriate dress. It should convey a sense of importance of the occasion. Please no jeans or sneakers. Also, no clothing that breaks school dress code, such as short dresses or spaghetti straps. All black or black with a white top. Boys should have a collared shirt that is tucked in. Shoes should be neutral in color, and if they are sneakers they need to be all black and pass as a dress shoe on stage. Last performance I saw jeans, very short skirts and dresses, and sneakers that look like sneakers (such as chucks and vans, not all black). Please contact Mrs. Misco if your child is unable to borrow or get appropriate concert clothing. I can help out if you contact me at least 2 weeks before the concert. Thanks for your help! I appreciate all of your support, and I know you will be happy when you hear how well your children are doing!

PTA NEWS

Dear Hillside Community,

Anyone interested in serving on the Hillside PTA Board for the 2019-2020 year, the following positions are available:

President

Treasurer

Volunteer Coordinator

8th Grade Party

Field Day

Fundraising Committee Help



Please contact Jennie Gochnour at jennielove1990@gmail.com if you are interested.

Brave The Day



**Parents and Teachers:
You are invited to attend a
seminar to help meet the
Social and Emotional needs
of your students.**

**THURSDAY, APRIL 11, 2019
7:00 - 8:30 p.m.**

"BRAVE THE DAY": Strategies to Address Anxiety and Depression in Children

Parenting and teaching children struggling with mental health issues, depression, anxiety, or just the normal angst of adolescence can be frightening and overwhelming. Rather than offering expert advice on how to "fix" your children, Cathy shares principles from her experience as the USBE Suicide Prevention Specialist for the past five years (educator since 1994) that can be applied to working with children with complex challenges.

Appropriate for parents with children in grades K-12

Sponsored by
Salt Lake City School District
Extended Learning Program

**Speaker:
Cathy Davis**

Utah State
Board of
Education

Student Advocacy
Services

Youth Protection &
Suicide Prevention

Q & A session

**GLENDALE MIDDLE
SCHOOL
AUDITORIUM**

1430 West Andrew Avenue
Salt Lake City, Utah

Thursday, April 11, 2019
7:00 – 8:30 pm

Brave The Day—SPANISH



**EL JUEVES,
11 DE ABRIL,
2019**

7:00 - 8:30 p.m.

ENFRENTA EL DÍA:

Estrategias para Tratar la Ansiedad y Depresión en Niños

El criar y enseñar a los niños que se enfrentan con problemas de salud mental, depresión, ansiedad o la molestia normal de la adolescencia puede agobiar y aterrorizarnos. En vez de ofrecer consejos expertos sobre como "arreglar" a su hijo, Cathy comparte principios de su experiencia como Especialista en la Prevención del Suicidio de USBE (Junta Estatal) que pueden ser usados en trabajar con niños con desafíos complejos. Ella ha sido especialista durante los últimos cinco años (y ha sido educadora desde 1994).

Apropiado para los padres de niños en grados K-12

Patrocinado por
El Programa de Aprendizaje Avanzado
del Distrito Escolar de Salt Lake City

Padres y Maestros: Les invitamos a un seminario para ayudarles a satisfacer las necesidades emocionales y sociales de sus estudiantes.

Discursante:
Cathy Davis

Junta de
Educación
de Utah

Servicios de
Apoyo Estudiantil

Protección de
Jóvenes y
Prevención del
Suicidio

Sesión de
Respuestas

**AUDITORIO DE
LA ESCUELA
INTERMEDIA
GLENDALE**

**1430 West Andrew Ave.
Salt Lake City, Utah**

Jueves, 11 de abril, 2019
7:00-8:30 p.m.